

At Home

You can turn everyday household chores and activities into fun learning games for your child, no matter how young she or he is.

Doing laundry: Laundry is a frequent activity that young children love to join in - from watching clothes tumble to matching up socks. Find fun ways to help your children take part in these chores.

At meals: For many, meals are a time when the whole family comes together. Learn how your mealtime discussions can help the development of your child, and ways that meals foster learning.

At bedtime: Help your child wind down at the end of the day, and discover ways to make bedtime less stressful and more calming for all involved.

These tips were developed for Born Learning by [Mind in the Making](#), a project of the Families and Work Institute and New Screen Concepts.