

## Head Start Performance Standards

**H.S.1:** Sec. 1304.21  
Education and early childhood development.  
1304.21(a)(5)(i)(ii)

**H.S.2:** Sec. 1304.21  
Education and early childhood development.  
1304.21(a)(4)(i)(ii)(iii)(iv);  
(c)(1)(ii)

**H.S.3:** Sec. 1304.20  
Child health and developmental services.  
1304.20(c)(3)(i)(ii)

**H.S.4:** Sec. 1304.23  
Child nutrition.  
1304.23(b)(3)

**H.S.5:** Sec. 1304.20  
Child health and developmental services.  
1304.20(e)(3)

**H.S.6:** Sec. 1304.21  
Education and early childhood development.  
1304.21(c)(1)(iii)

## A. PHYSICAL HEALTH

### 1. Shows characteristics of good health to facilitate learning. H.S.1

Good general health and adequate development are necessary to optimize learning. Children exhibit good health when they demonstrate:

- physical stature within the typical range;
- active participation in daily events;
- ability to coordinate eye-hand movements;
- large motor skills such as jumping, hopping, running.

### 2. Demonstrates visual ability to facilitate learning. H.S.2

A great amount of learning in the classroom is dependent upon visual abilities. Reading, writing, computer education, spelling, and chalkboard demonstrations are part of most children's school days. Examples include:

- using both eyes in coordination;
- holding materials at appropriate distance;
- moving eyes rather than head to track;
- visual focusing without squinting or strain.

### 3. Exhibits auditory ability to facilitate learning. H.S.2

A great amount of learning in the classroom is dependent upon auditory skills and hearing, especially language development. Examples include:

- participating in listening activities;
- selecting listening center activities;
- orienting to a speaker when addressed by name;

- producing speech that is understandable.

### 4. Can perform oral hygiene routines. H.S.3, H.S.4

Oral health impacts speech, social interaction, appearance, and ability to learn from experiences. Indicators of good oral hygiene include:

- recognizing and knowing how to use dental hygiene tools (e.g., toothbrush, floss);
- performing flossing procedures with assistance;
- performing brushing procedures;
- showing a developing understanding of the relationship of nutrition to dental health.

### 5. Shows familiarity with the role of a primary health care provider. H.S.5, H.S.6

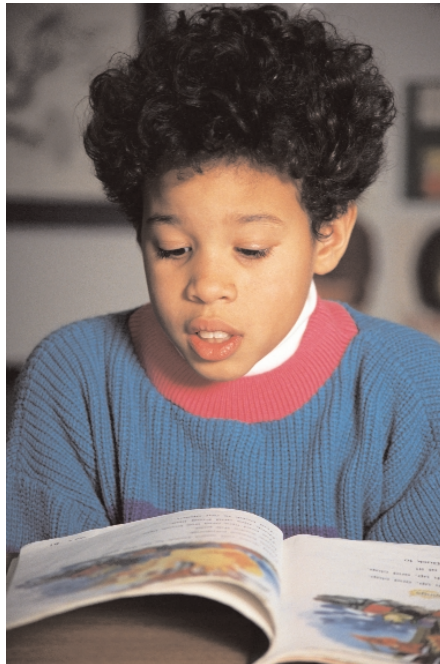
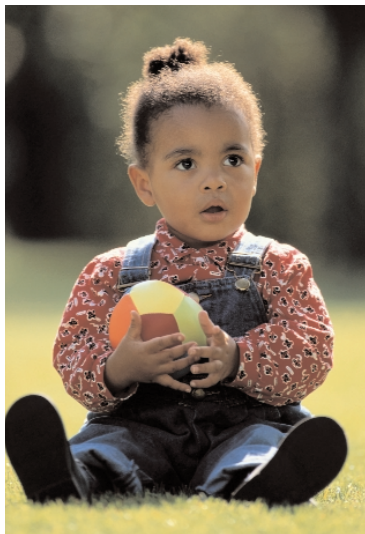
To promote healthy development, every child needs a source of continuous and accessible health care. Each child should visit a health care provider on a schedule of preventive and primary health care to ensure that problems are quickly identified and addressed. The child demonstrates this by:

- in a play setting, appropriately using tools a doctor or nurse might use;
- recognizing common medical procedures (weight, measurement of height);
- knowing roles of a variety of health care professionals;
- naming most of the body parts the medical professional will inspect.









# Approaches to Learning





















































